## SHUSWAP VOLLEYBALL CLUB



## Club Rules

## "Members" – All individuals who are employed by, or engaged in activities with, SVC including, but not limited to, athletes, coaches, coordinators, judges, officials, volunteers, managers, administrators, committee members, Parents, directors, and officers of SVC.

"Parents" means the parent(s) or legal guardian(s) of an Athlete.

## Rules:

- 1. All Members of SVC agree to comply with the rules, regulations, policies and codes of conduct of SVC Volleyball BC, and Volleyball Canada.
- 2. Club fees must be paid by the due dates as set by the Board of Directors unless otherwise discussed with the board/treasurer. Players who are still owing may be suspended from club activities until fees are paid in full.
- 3. The directions of coaches concerning practice procedures and event behavior must be followed by the players. Failure to follow such directions may result in suspension or expulsion from the club.
- 4. Players and Parents must inform the coach of any injury they have suffered which will affect their ability to participate. The coach's mandate is to do no harm.
- 5. Players are expected to be respectful, punctual, cooperative, and considerate while they are attending SVC, Volleyball BC, or Volleyball Canada events (including practices, team dinners, etc.).
- 6. Players are expected to be physically able to safely participate in club activities. Players with chronic injuries or medical conditions (ex. concussion) will require clearance from their family physicians before they can participate.
- 7. Players may leave venues or team accommodations with the express permission of the coach or supervisor only. Parents, other relatives, and friends may visit you at venues, but you may not leave to visit them without your coach's permission.
- 8. Athlete attendance at practices, meetings, and competitions is mandatory; however, SVC recognizes that many members are multi-sport athletes and family commitments arise. When scheduling conflicts arise, it is SVC's expectation that it is not always SVC being the commitment that is cut out. Volleyball is a team game and the only way teams will grow is by participating together. Attendance should be as follows: Games over practices, tournaments over games, championships over tournaments.
  - a. For example, it is okay to miss an SVC practice for your high school basketball game. We understand.
  - b. It is expected that the coach is notified.
- 9. The 24-hour rule: if you have something to say to the coach that may be contentious or is in direct conflict, or they have something to say to you, wait 24 hours after the event or the game before discussing it. By this time, you have a better perspective, they have a better perspective, and a lot of disagreements are naturally eliminated in the process.
- 10. Players may not smoke, vape, or have alcohol at an SVC events, venues, games, or practices.
- 11. Athletes may not drive themselves to out of town events.